

MEDCHI, THE MARYLAND STATE MEDICAL SOCIETY  
HOUSE OF DELEGATES

Resolution 6-13

INTRODUCED BY: Montgomery County Medical Society

SUBJECT:               Public Education Regarding Health Issues Associated with Sugary  
                              Beverages

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1   Whereas, we want children in Maryland to grow up healthy; and

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3   Whereas, 30% of children in Maryland are obese or overweight; and

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5   Whereas, obese children will later suffer from higher rates of costly and life threatening diseases;  
6   and

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8   Whereas, sugary drinks are the largest source of added sugar in a child's diet and have been linked  
9   with higher rates of childhood obesity, diabetes, high blood pressure and stroke; and

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11   Whereas, buying healthier drinks for home use can improve family life by helping children to eat  
12   better, sleep better, be more alert in class, crave fewer sweet foods, get fewer cavities, and even  
13   lose extra weight; and

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15   Whereas, providing better beverage choices is a simple change that will greatly improve the health  
16   of Maryland children and their families, therefore be it

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18   Resolved, that MedChi, The Maryland State Medical Society, support efforts to educate the public  
19   about health issues associated with sugary beverages.

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22   As adopted by the House of Delegates at its April 27, 2013 meeting.

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